Dear Xavier Community,

With the ongoing Covid-19 pandemic, Student Health Services (SHS) will play a vital role to help keep our Xavier Community as safe as possible during these challenging times. In addition to our normal role in meeting routine healthcare needs of our students, SHS will also assist in implementing the latest COVID-19 policies set forth by the CDC, WHO and local government health department which will focus on prevention and control measures to mitigate the risk of spread.

The plan for students consists of COVID-19 education, universal testing, contact tracing, quarantine/isolation protocols, surveillance and reporting**,** etc.

Office Visits

With the return of our students, SHS is establishing a respiratory clinic with a separate dedicated entrance and waiting area for patients presenting with COVID like symptoms. In support of current CDC guidelines and Louisiana Department of Health recommendations, all students will be pre-screened regardless of health concerns, before entering SHS, in an effort to decrease the spread of respiratory illness. Also, all clinic visits will be by appointments only with the exception of medical emergencies.

Telehealth Visits

Xavier University Health and Wellness is adapting to today's ever-changing society due to the novel coronavirus (COVID-19) by offering a telehealth platform to meet the medical and counseling needs of our students.

Xavier University Student Health Services has partnered with Ochsner Health to provide Ochsner Anywhere Care Virtual Visits to Students, Staff and Faculty 24 hours a day, seven days a week.

Please see more information @ https://www.xula.edu/student-health-services

Testing Guidance and Protocol

Students are being asked to take a COVID-19 test **within the seven days prior to reporting to campus**. Those test results are to be submitted to Student Health Services via email, healthservices@xula.edu, fax: 504-520-7962 or upload through the patient portal at **MY XULA.**

When test kits are available, Health Services will only test symptomatic ill students for COVID-19. Other off campus test sites will be utilized for testing. If you are not having symptoms of COVID-19, but are looking for a place that you can be tested, please visit the Louisiana Department of Health website http://ldh.la.gov/ for testing sites.

Re-testing and screening will occur at a frequency determined by health professionals based on health indicators designed to measure the prevalence of the virus on campus or in the geographic region.

- Any student who has symptoms or has had close contact with someone who has tested positive must get tested

- Students who have either tested positive, have results pending, or are showing symptoms for COVID-19 will be immediately isolated while ensuring their medical, social, and academic needs are met.

- **At the discretion of Student Health Services, any student who has symptoms consistent with COVID-19 and has tested negative for COVID-19 may still be required to isolate for a period of 14 days or longer until becoming symptom free. Also, additional testing may be required to ensure a true negative status**.

Community Testing

Health and Wellness is partnering with LCMC Health to provide community COVID 19 testing in Xavier University Recreation Center, 982 South Clark Street, 70125, from 8:00am until 1:00pm, or as long as supplies last on: Thursday, August 6th, Friday, August 7th, Saturday, August 8th, Wednesday, August 12th, Thursday, August 13th, and Friday, August 14th.

Isolation Plan

Self-isolation involves protecting others and slowing down the spread of COVID-19. It is very important that anyone who has the virus, or might have been exposed to it, limits the number of people they come into contact with, for at least 14 days. This is the most effective way of preventing COVID-19 from spreading.

If your healthcare provider instructs you to be tested you should:

- Remain in isolation until test results return. If your results are negative, your symptoms are improving and you are fever-free, you may return to school.
- If you have tested positive for COVID-19, you should not return to school until:
    - Ten days have passed from the time you tested positive
    - You have been fever-free without fever-reducing medicines for three days
    - Your symptoms are improving
    - You receive a note from your healthcare provider clearing you to return to school
    - All Xavier students will require a note from a provider to return to school

Note: The earliest you could return to class, even if you are fever-free after the first three days, is seven days. This time could be extended if your fever remains or your symptoms are not improving.

Residents Who Test Positive for COVID-19 and are in quarantine:

- With mild symptoms will receive a daily tele-health visit from Student Health Services.
- With moderate to extreme symptoms and require medical attention will be referred to a local hospital.

Wellness Checks for Residents in Isolation/Quarantine

- Students will consult remotely with a SHS provider via tele-health services daily.
- Students will be required to take their temperatures daily.
- Students will receive a wellness check from Counseling Services daily to assess the student's wellbeing and needs.

Please, we all must do our part to promote the safest possible environment to allow for each and every person to be well and thrive.   As we move forward, remember we are all in this together and everyone will be needed to uphold the highest public health policies and procedure necessary to ensure everyone's safety.

Best Regards,

Dr. Robert Mercadel, Medical Director Student Health Services

Virginia Pellerin, RN, Assistant Dean Health & Wellness