

National Recovery Month

Prevention Works • Treatment is Effective • People Recover

september 2013

HELLO MY NAME IS

I am in recovery from addiction, abuse, academic distractions, anger, anxiety, behavioral health concerns, bullying, crisis, depression eating disorders, emotional pain, fear, forgetting about physical health, gossiping, grief, issues with control, homesickness, judging others, lack of self-respect, low self-esteem, destructive relationships, fear, giving up, not engaging in self-care, not setting boundaries, not meeting my spiritual needs, not supporting others, refusing to seek help, self-destructive behavior, shame, silencing my voice, social media stigma, and unhealthy eating.

WE ARE ALL IN RECOVERY!

Recovery Week 2013

Behavioral Health Display September 9th-September 13th Library Resource Center 1st Floor

Promotional Day September 10, 2013

11:30am-1:00pm UC YARD (Assessments AUDIT & CRAFFT, Recovery is Banner)

6:00pm-7:30pm MOCK CAR CRASH Demonstration & Skit

Location: St. Mike's Staff Parking Lot



Recovery Day Rally Wednesday September 11, 2013(10:00am-2:00pm) UC Yard

11:00am-12:00 noon Rally Speaker: Mr. Jacques Detiege (XULA Assessment Specialist)

Skit by Collegiate 100 Black Men XULA Chapter

Informational Tables & Poster Displays Sponsors: XULA College of Pharmacy, Action Against Addiction, Addiction Recovery Resources of New Orleans (ARRNO), Alcohol and Drug Abuse Center of Excellence at LSUHSC (ADACE Bridge House/Grace House, Family Services of Greater New Orleans, Mothers Against Drunk Driving (MADD), and Townsend

(6:00pm-7:00pm) UC 205 C Featured Keynote Speaker: Dr. A. Kenison Roy III, M.D, FASAM Founder & Director Dual Diagnosis Unit at River Oaks Hospital & Addiction Recovery Resources of New Orleans, Inc. (Distinguished Fellow American Psychiatric Association and Fellow of the American Society of Addiction Medicine)

