

Schedule an Appointment



Important message: If an emergency of crisis situation after Counseling & Wellness Center Hours, please call 911. Also, call campus police at: 504-520-7490

- The contact number for 24 hour Metropolitan Crisis Continuum Services is: 504-826-2675

Please call 24 hour Jefferson Parish Mobile Crisis at 504-832-5123 for crisis in Jefferson Parish

- The 24-Hour Cope Crisis Line is 504-269-2673 or 1-800-749-2673
- **Emergency Walk-In Services are available during counseling center hours**

Phone

Please call **504-520-7315** to speak with the Administrative Assistant II Ms. La Branch to schedule an appointment

Walk-In

Visit the Counseling & Wellness Center on **the 2nd floor of St. Joseph's Academic and Health Resource Center Room 202** to schedule an appointment

Email

Email counseling@xula.edu to schedule an appointment

Hours

Our office hours are from 9am-8pm Monday-Thursday starting the 2nd week of September and January during the fall and spring Semester. On Fridays, office hours are **9am-5pm** during fall, spring, and summer semester. Summer Counseling Center Hours are **Monday-Friday 9am-5pm**