We have selected four (4) money management empowerment lessons just for you! These self-paced lessons can be completed in any order. We recommend completing a given lesson in one visit. However, if you are unable to complete a lesson in one visit, you can return to it at any time and continue where you left off. Click the name of the selected lesson under “My Learning” on your Home page to return to the in-progress lesson. Start your log in process and let’s get started!

<table>
<thead>
<tr>
<th>Catalog Lessons</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. How do I manage credit card debt?</td>
<td>401</td>
</tr>
<tr>
<td>2. What do credit scores mean to me?</td>
<td>402</td>
</tr>
<tr>
<td>3. How can I protect myself from identity theft?</td>
<td>404</td>
</tr>
<tr>
<td>4. How do I manage my debt?</td>
<td>405</td>
</tr>
</tbody>
</table>

Instructions to Access Life Skills

Step 1: All new users are required to complete a simple, one-time registration process. Once you complete the initial registration process, only your username and password are required for future visits.

a. Begin by clicking this link: www.lifeskills.org.

b. Click “Request a new account” in the Login box to create your account. Complete all of the information on the Request Account page. Some fields require the school defined information listed below.

- **Username**: Enter your school e-mail address.
- **Complete other information as requested.**

When you get to the **School Assigned Student ID**, do the following:

- **Student Assigned ID**: Enter your Xavier student ID #.
- **School Code**: Enter 00203200
  
  **Note**: This code must be entered exactly as shown here.
- **Student Access Code**: Enter 00203200-30.
  
  **Note**: This code must be entered exactly as given.
- **Complete Word Verification.**
- **Then Click “Create Account”** in the lower right corner.

Step 2: Get started.

1. Select “My Catalog” from the left navigation menu or select the “My Catalog” tab at the top of the page.

2. Click on the name of a lesson and click “Enroll” on the right side of the screen.